



WUSHU CENTRAL PALO ALTO CLASS SCHEDULE

CURRENT AS OF 1/4/2022

| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|---|---|---|-----|---|---|
| | WUSHU ALL LEVELS 12:00-1:00 PM | WUSHU ALL LEVELS 12:00-1:00 PM | WUSHU ALL LEVELS 12:00-1:00 PM | | TINY TIGERS 9:15 - 9:45 AM | TINY TIGERS 9:00 - 9:30 AM |
| | LITTLE HEROES A 1:15 - 1:45 PM | TINY TIGERS 1:15 - 1:45 PM | LITTLE HEROES B 1:15 - 1:45 PM | | KUNG FU YOGA 9:45-10:30 AM | LITTLE HEROES A 9:30-10:00 AM |
| | | | | | LITTLE HEROES A 9:45-10:15 AM | LITTLE HEROES B 10:00-10:30 AM |
| | | | | | LITTLE HEROES B 10:15-10:45 AM | |
| | | | | | TAI CHI ME 10:45-11:30 AM | WUSHU KIDZ A 10:40-11:25 AM |
| LITTLE HEROES A 3:45 - 4:15 PM | WUSHU INT A 3:45 - 4:30 PM | LITTLE HEROES B 3:45 - 4:15 PM | WUSHU INT B 3:45 - 4:30 PM | | WUSHU KIDZ A 10:45-11:30 AM | WUSHU KIDZ B 11:25A-12:10PM |
| WUSHU KIDZ A 4:15 - 5:00 PM | WUSHU ADVANCED A 4:30 - 5:15 PM | WUSHU KIDZ B 4:15 - 5:00 PM | WUSHU ADVANCED B 4:30 - 5:15 PM | | WUSHU KIDZ B 11:30A-12:15PM | |
| FUTURE STARZ A 5:00 - 5:45 PM | LITTLE HEROES A 5:15 - 5:45 PM | FUTURE STARZ B 5:00 - 5:45 PM | LITTLE HEROES B 5:15 - 5:45 PM | | SPECTRUM SKILLZ 11:30A-12:15PM | FUTURE STARZ A 1:10-1:55 PM |
| WUSHU BEGINNER A 5:00 - 5:45 PM | TINY TIGERS 5:15 - 5:45 PM | WUSHU BEGINNER B 5:00 - 5:45 PM | TINY TIGERS 5:15 - 5:45 PM | | FUTURE STARZ A 12:15-1:00 PM | FUTURE STARZ B 1:55-2:40 PM |
| WUSHU INT A 5:45 - 6:30 PM | WUSHU KIDZ A 6:00 - 6:45 PM | WUSHU INT B 5:45 - 6:30 PM | WUSHU KIDZ B 6:00 - 6:45 PM | | FUTURE STARZ B 1:00-1:45 PM | WUSHU ORIENT A 2:40 - 3:25 PM |
| WUSHU ORIENT A 6:00 - 6:45 PM | WUSHU BEGINNER A 6:00 - 6:45 PM | WUSHU ORIENT B 6:00 - 6:45 PM | WUSHU BEGINNER B 6:00 - 6:45 PM | | WUSHU ORI/ BEG A 12:15-1:00 PM | WUSHU ORIENT B 3:25 - 4:10 PM |
| WUSHU ADVANCED A 6:45 - 7:30 PM | FUTURE STARZ A 6:45 - 7:30 PM | WUSHU ADVANCED B 6:45 - 7:30 PM | FUTURE STARZ B 6:45 - 7:30 PM | | WUSHU ORI/ BEG B 1:00-1:45 PM | |
| BLACK BELT PREP 7:30 - 8:15 PM | WUSHU ORIENT A 7:30 - 8:15 PM | BLACK BELT PREP 7:30 - 8:15 PM | WUSHU ORIENT B 7:30 - 8:15 PM | | HYPER FIGHT CLUB 1:45 - 2:30 PM | WUSHU BEG/ INT A 4:20 - 5:05 PM |
| BLACK BELTS 7:30 - 8:15 PM | | BLACK BELTS 7:30 - 8:15 PM | | | LITTLE HEROES A 1:45-2:15 PM | WUSHU BEG/ INT B 4:20 - 5:05 PM |
| | | | | | LITTLE HEROES B 2:15-2:45 PM | |
| | | | | | BLACK BELTS 2:30 - 3:15 PM | |



WUSHU CENTRAL VIRTUAL CLASS SCHEDULE

CURRENT AS OF 1/4/2022
TIMES ARE IN PT

| MON | TUE | WED | THU | FRI | SAT | SUN |
|--|---|--|---|-----|---|-----|
| | | | | | HYPER PRO LEVEL 1 9:00 - 9:45 AM | |
| LITTLE HEROES A 4:30 - 5:00 PM | WUSHU KIDZ A 4:30 - 5:15 PM | LITTLE HEROES B 4:30 - 5:00 PM | WUSHU KIDZ B 4:30 - 5:15 PM | | HYPER PRO LEVEL 2 9:45 - 10:30 AM | |
| WUSHU ORIENT A 5:30 - 6:15 PM | FUTURE STARZ A 5:30 - 6:15 PM | WUSHU ORIENT B 5:30 - 6:15 PM | FUTURE STARZ B 5:30 - 6:15 PM | | | |
| WUSHU BEGINNER A 6:30 - 7:15 PM | WUSHU INTERM A 6:30 - 7:15 PM | WUSHU BEGINNER B 6:30 - 7:15 PM | WUSHU INTERM B 6:30 - 7:15 PM | | TAI CHI 1:45 - 2:30 PM | |
| BLACK BELT PREP A 7:30 - 8:15 PM | WUSHU ADVANCED A 7:30 - 8:15 PM | BLACK BELT PREP B 7:30 - 8:15 PM | WUSHU ADVANCED B 7:30 - 8:15 PM | | | |

WUSHUCENTRAL.COM

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